



Facilities of Relaxation

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Office workers have quite repetitive days in general. I have chosen an eye catching building in this dull city. Inside and around this building that looks serious, I set up the colorful boxes that I designed, hoping these remedies can somehow relax this intensified city. I have set up six spaces for office workers to enjoy and improve the quality of their daily life. Life can be better, can't it?



Figure 4.1 8:30 AM

With a heavy briefcase, one walked out from the subway and found out that there's a conveyer (Figure 4.1) near the station. He put the briefcase on the conveyer to let it move along and started to walk on a moving strip under the conveyer. The strip he walks on is moving in the opposite direction; this means he has to walk twice as fast to move ahead. This resembles the struggle and difficulty on the way to work. In addition, as he walks on the strip, the exercise makes him feel energetic and starts to wake him up, getting him ready for the work of the day.



Figure 4.3 10:00 AM

Beside the washroom, perhaps the file room is the only place where he can go to have a little break. While he was on the way to the file room (Figure 4.3), he met her. They had an unspoken understanding to meet here. When he talks to her through the semi transparency of the digital file room, it is his happiest time of the day.



Figure 4.2 8:45 AM

Everybody is gathered at the front door of the company. Step up to the platform (Figure 4.2); let us start the day with our slogan, to promote our morale. You can also tell all your complaints or confess to the ones you love.

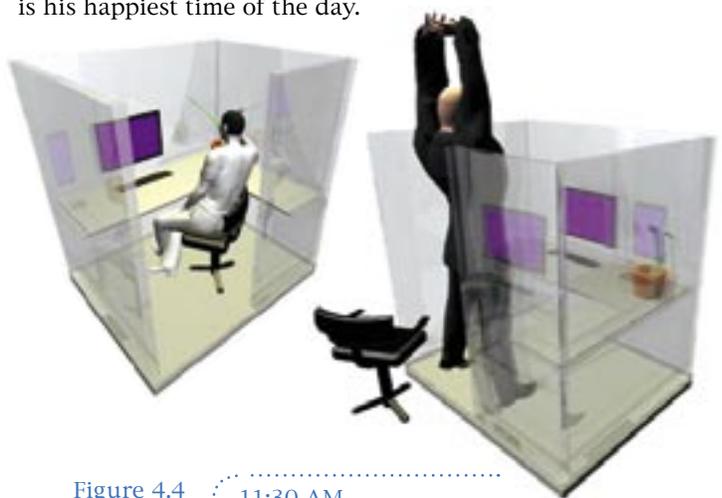


Figure 4.4 11:30 AM

Concentrating on his screen, the screen saver (Figure 4.4) software displays several little figures that are doing gymnastics and Taichi, which reminds him to do some exercises, because he sits in front of the computer too long. At the same time, the camera transfers all the exercising scenes to the front door, to remind people not to slack off.

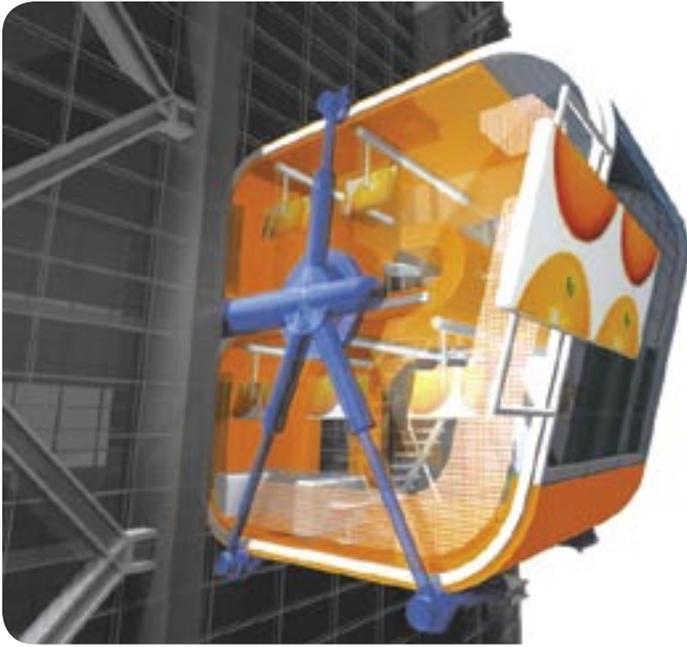


Figure 4.5 12:45 AM

He just had a greasy lunch and is now hoping to have a healthy juice to clean up his intestines. He ordered a wheat-grass juice from a bar (Figure 4.5); he grows his own wheat-grass in his office. The bar is like a vending machine, moving up and down through each floor.



Figure 4.7 ADDITIONAL

Wealthy bosses always go to a gym for exercising, but I think if you need exercise it has to be in the outdoors. Why lock yourself in a room just like the rats, which play with their wheel (Figure 4.7)?

CONCLUSION

After I completed this design studio, I learned about and became familiar with another way for approaching design, instead of doing it in the traditional way. That is, 2D drawings first, then the elevations, and then the cross sections, which only allow you to imagine the spaces. When using **form-Z**, we can construct a simple computer model which allows us to experience the space quickly and to feel the different textures of the different spaces. Now, I have adapted to this way of designing and I find it really helpful, especially for students like me who rely a lot on intuition.

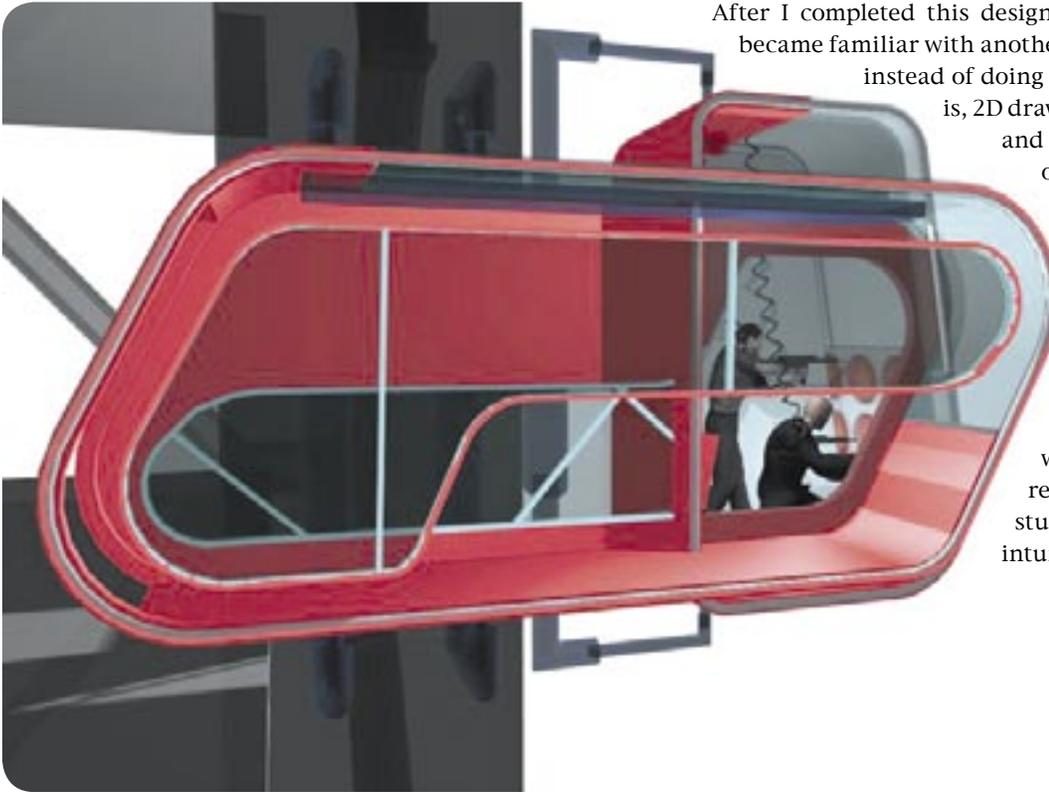


Figure 4.6 15:40 AM

Finishing the review meeting; the boss was not happy about it. There are a lot of emotions to let go. Walking into the shooting field (Figure 4.6) and picking up the squirt gun, he targets the moving subway cart and shoots the cart just like in the shooting games.